GP PBRN Board of Directors Meeting

March 9th, 2021

Attendees: Jeffrey Harrison, Paul Estabrooks, Dave Palm, Hank Newburn, Ladonna Hart, Pam Flax-Laws, Emily Frankel, Matt Rizzo

Agenda:

1. Approval of February 9th meeting minutes
2. Network Research—Prioritization and selection
   1. Written communication for project review and selection:
      1. Emily and Paul will draft a request form and circulate to Board
         1. See “PBRN Request”
      2. Include:
         1. Research question
         2. Background of project
         3. Clinic requirements (time, resources, location, etc.)
         4. Time frame
         5. Objectives and potential benefit to clinic
         6. Cost
         7. Does the project bring resources
         8. Inclusion and/or population of interest
   2. Project #1: Understanding adoption decisions for weight management programs in clinical and community settings
      1. RE-AIM framework (Reach, Effectiveness, Adoption, Implementation, Maintenance)
      2. Which factor is most important for adoption
      3. Survey study: 15-20 minutes
         1. Compare two weight loss programs and decide which you are more likely to adopt
         2. 4-6 comparisons
         3. Target audience: health care providers
         4. Survey unit at UNL distributes and administers survey
            1. No ask from the clinic
   3. Project #2: Proposal development: Improving reach and retention for technology-enhanced weight management programs introduced in the primary care setting
      1. Grant proposal, looking for letters of support from 8-10 PBRN sites
         1. Grant will be submitted in July
      2. Evidence-based, electronically-delivered weight loss program
         1. Patients with BMI>30 identified and sent a letter for weight loss program
         2. Integrate letter-based approach in automated way to streamline referral process
   4. Project #3: Preconception health survey for patients
      1. PI: Shannon Maloney, PhD, UNMC College of Public Health
      2. Recruitment goal: 150 patients (male and female)
      3. Staff could administer survey while waiting for provider
         1. QR code handout with survey information
3. Project ECHO and Quality Improvement (QI)
   1. Potential telementoring topics:
      1. **Teach QI science**
         1. Focus on learning and applying QI methodology
         2. Identify experts in QI research to lead sessions
            1. Bethany Lowndes, PhD
            2. Tammy Winterboer, PharmD
            3. Medical Human Factors
      2. **Facilitate QI projects**
         1. Learners work towards agreed improvement by testing out interventions
      3. Loosely engage in QI work
      4. Improve ECHO processes using QI
4. National PBRN Activities
   1. Wisconsin Research and Education Network
      1. <https://www.fammed.wisc.edu/wren/research/projects/>
   2. West Virginia CTSI PBRN
      1. <https://www.wvctsi.org/programs/community-engagement-outreach/practice-based-research-network/research-projects/active-wvpbrn-projects/>
5. Meeting regularity
   1. BOD-monthly while we have meaningful items on the agenda
   2. Network-biannually, tentatively in May
6. Adjourn

Next meeting: In April

Doodle poll: <https://doodle.com/poll/hfue357y2e3bpyhq?utm_source=poll&utm_medium=link>

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